

MOVING ON, BUILDING AND GROWING A FUTURE AFIA VISION

All this began with a seed, a generous individual gift. Now we ask the **Diocesan family** to join us on our journey, to be sponsors, prayer partners and givers of time and talents for future AFIA holidays, so together we can tell the Good News and **transform lives** now. We offer;

Regional prayers days each year open to ALL for spiritual nurture and creative prayer, space for faith sharing conversations, building friendships

A focus for growth and revisioning of Christian service in the wider Diocese and community. Monthly prayer gatherings on Zoom to support the Projects whilst enabling vision and commitment of future development. (Praying with Purpose Mothers' Union resource)

Regional AFIA Day Activities (AFIAD) each year supported by Mothers' Union Branches/Regions, enabling a wider group of volunteers to be involved and to gain experience for future AFIA holidays.

Training within the Mothers' Union partnership with Scottish Women's Aid and Restored supporting Safeguard training and developing awareness of Domestic Abuse and appropriate response within congregations and giving regular presentations to Ordinands, Synods, and other groupings.

Regular sharing of ideas and support across the UK through Mothers' Union groups. We are already identified as an outgoing and dynamic Diocese, being asked to contribute to the Mothers' Union Annual Gathering in 2022.



ENQUIRIES AND INFORMATION
Contact afia@muingg.org.uk

Mothers' UNION
Christian care for families



Join us in supporting families,
whose lives have met
with adversity, through
AWAY FROM IT ALL holidays

FIND OUT MORE INSIDE

Together we can tell the Good News and transform lives now



Away from it all

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GENEROSITY

Away from it All (AFIA) is a diverse Mothers' Union Project, active throughout the UK responding to families whose lives have met with adversity, providing holidays for the last 50 years. In Glasgow and Galloway, a generous bequest of £1000 in 2018 encouraged Trustees to **think creatively** bringing together the launch of AFIA with a needful response to Domestic Abuse within the region.

RELATIONSHIPS

In 2019 **working collaboratively** with North Ayrshire Women's Aid and a trust fund we provided our first two-night holiday at Millport Field Study Council on the Isle of Cumbrae. Travel, living together alongside nature and exploring some hidden talents brought laughter, thrills and conversations between family members and the experienced team of professional Women's Aid staff and Mothers' Union volunteers. This AFIA holiday included 30 participants, including 2 Women's Aid workers and 3 Mothers' Union volunteers.

LIFE-CHANGING

One Mum summed it all up, "A fabulous three days and memories made that will last a lifetime. Thank you to everyone who has provided and supported us, without you this would not have been possible. Please never underestimate the impact this break has had on all the families that have participated no words can express our gratitude. It has been life changing. Thank-you."



EVOLVING, NURTURING

Following Covid, another successful holiday was held in 2022 in collaboration with East Dunbartonshire Woman's Aid and The Daisy Project, Castlemilk which repeated the very positive outcomes.

We now plan to hold an AFIA holiday every 2 years revolving around the different areas of the Diocese, working with their local Women's Aid group. Links with Mothers' Union Branches and local refuges are strong and supportive giving much needed practical help, and this will strengthen our future AFIA projects and will **widen the opportunity** for other congregational members and people beyond our churches to support and be involved in the projects.

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IT IS IN GIVING WE RECEIVE

Finally, let us hear from a Mothers' Union volunteer on the 2022 holiday, "I was humbled by how they immediately trusted and opened up to us, there were no barriers. Friendships made between families were heartening—they were not alone. Mothers' Union cared for them to give them a holiday beside the seaside, they were overwhelmed and truly appreciated the generosity and care they received." (Aileen 2022)

FAQ'S

What is the cost of an AFIA holiday? The two previous holidays have been in the region of £3000 each.

How is child protection and safeguarding addressed? We use an approved Field Study Council with its own safeguarding measures in place along with all children being accompanied by a parent/guardian.

What financial governance is in place? The Mothers' Union of Glasgow & Galloway and its trustees are an approved charity. The charity is audited annually by an Independent Examiner in accordance with Reg. 11 of the Charities Accounts (Scotland) and is subject to annual approval by the Office of the Scottish Charity Regulator (OSCR).